

## WELL-BEING RESOURCES: WOMEN in MEDICINE

### Physician Burnout

Work-Life Integration for Women in Medicine - Dr. Cheryl O'Malley discusses opportunities to enhance work-life integration, Impostor Syndrome, how to combat it, and how to support

others (52 min).

Physician Burnout - an overview of burnout, prevalence by gender, contributing factors for women physicians, and potential solutions (75 min).

- Networking for Women in Medicine - why networking and the Women in Medicine initiative are important along with chapter examples (56 min).
- Negotiating Like a Woman: The Keys to Getting What You're Worth - Martine Jackson presents the differences in pay between men and women and how to close that gap. Other resources as PDFs also available (55 min).
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