

What is the cost of your care?

The cost of your care is any money that you spend on your health care. You might first think of your monthly insurance bill or your doctor's office copays. Cost could also include how much you pay for your medicines, sessions with therapists, or care provided by other members of the health care team. But there are other costs, too. These other costs might be:

- Missed day of work and wages
- Paying a babysitter to watch your child while you are at the doctor
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Take-aways

- The costs of your care can take many forms. These could be costs like copays or costs like bus fare or babysitters.
- Your health care provider and your health team are there to help you. If you are worried about the costs of your treatment or medicines, let your health care provider know.
- Your health team (like doctors, nurses, pharmacists, or social workers) will work with you to come up with solutions. You deserve the care you need, and you are