





## Direct medical costs

These costs are directly related to the care the patient receives. These can be further divided into direct medical costs (such as copays for physician appointments, tests, and medications) and direct nonmedical costs (such as transportation costs). Resources to help with these costs follow.

Copays		
Good Days	<a href="http://mygooddays.org">mygooddays.org</a>	Assistance for copays for drugs and treatments for selected conditions.
HealthWell Foundation	<a href="http://healthwellfoundation.org">healthwellfoundation.org</a>	Assistance for medical treatments not covered by insurance.
MyMedicalShopper	<a href="http://mymedicalshopper.com">mymedicalshopper.com</a>	Price comparison tool for medical tests and procedures and also estimates out-of-pocket costs. It also tracks deductibles.
National Organization for Rare Disorders	<a href="http://rarediseases.org">rarediseases.org</a>	Assistance with copays, premiums, and other out-of-pocket treatment-related costs.
NeedyMeds	<a href="http://needymeds.org">needymeds.org</a>	Helps patients afford medications and other health care costs. Also provides a searchable list of low-cost or free clinics.
Partnership for Prescription Assistance (PPA)	<a href="http://pparx.org">pparx.org</a>	Identify assistance programs for specific medications or free or low-cost clinics.
Patient Access Network Foundation	<a href="http://panfoundation.org">panfoundation.org</a>	Assistance for out-of-pocket costs related to medications and treatment.
Patient Advocate Foundation Co-Pay Relief Program	<a href="http://copays.org">copays.org</a>	Provides direct financial assistance to qualified patients, assisting them with prescription drug copayments their insurance requires relative to their diagnosis.
Patient Services Incorporated	<a href="http://patientservicesinc.org">patientservicesinc.org</a>	Provides assistance for out-of-pocket costs for selected conditions.
The Leukemia & Lymphoma Society's Co-Pay Assistance Program	<a href="http://lls.org/copay">lls.org/copay</a>	Provides assistance for out-of-pocket costs related to the care of leukemia or lymphoma.
Walgreens	<a href="http://walgreens.com/topic/pharmacy/healthcare-clinic.jsp">walgreens.com/topic/pharmacy/healthcare-clinic.jsp</a>	Provides free health care to current and future patients who lose their jobs.
Premiums		
Good Days	<a href="http://mygooddays.org">mygooddays.org</a>	Assistance with monthly medical insurance premiums for selected conditions.



HealthWell Foundation	<a href="http://healthwellfoundation.org">healthwellfoundation.org</a>	Assistance with medical treatments not covered by insurance for selected conditions.
MyMedicalShopper	<a href="http://mymedicalshopper.com">mymedicalshopper.com</a>	Price comparison tool for medical tests and procedures. Also estimates out-of-pocket costs and tracks deductibles.
National Organization for Rare Disorders	<a href="http://rarediseases.org">rarediseases.org</a>	Assistance with copays, premiums, and other out-of-pocket treatment-related costs for selected conditions.
Medications		
Blink Health	<a href="http://blinkhealth.com">blinkhealth.com</a>	Lists local prices of medications from pharmacies.



RxHope	<a href="http://rxhope.com">rxhope.com</a>	Provides a list of prescription assistance programs for specific medications with applications.
ScriptSave WellRx	<a href="http://wellrx.com">wellrx.com</a>	Price comparison tool for medications at local pharmacies.
SingleCare	<a href="http://singlecare.com/rx">singlecare.com/rx</a>	Price comparison tool for medications at local pharmacies.
The Abigail Alliance	<a href="http://abigail-alliance.org">abigail-alliance.org</a>	Helps create wider access for developmental cancer drugs and other drugs for serious life-threatening illnesses.
WeRx	<a href="http://werx.org">werx.org</a>	Price comparison tool for medications.
Medical Equipment		
Good Health Will	<a href="http://goodhealthwill.org">goodhealthwill.org</a>	Provides lower-cost, used medical supplies.
Transportation-Ground		
AAFP Neighborhood Navigator	<a href="http://aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html">aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html</a>	The AAFP's EveryONE Project offers tools for screening patients to identify social needs and addressing health equity in your practice.
American Cancer Society	<a href="http://ang(e48s BT10 0 0 10 191.16 391.8345-GB)/MCID es/LangNkncer Lang (en-GB)/MCID 210">ang (e48s BT10 0 0 10 191.16 391.8345-GB)/MCID es/LangNkncer Lang (en-GB)/MCID 210</a>	



Transportation-Air		
Air Care Alliance	<a href="http://aircarealliance.org">aircarealliance.org</a>	Provides free air transportation to health care facilities.



Other-Transportation Scheduling		
Circulation Health	<a href="http://circulation.com">circulation.com</a>	Allows providers to book rides for patients.
Roundtrip	<a href="http://rideroundtrip.com">rideroundtrip.com</a>	Allows providers to book rides for patients.
Uber Health	<a href="http://uberhealth.com">uberhealth.com</a>	Allows providers to book rides for patients—cost-efficient with price transparency.

### Indirect medical costs

These costs are indirectly related or caused by the care the patient receives, such as reduced productivity or lost

Housing		
AAFP Neighborhood Navigator	<a href="http://aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html">aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html</a>	The AAFP's EveryONE Project offers tools for screening patients to identify social needs and addressing health equity in your practice.
Fisher House Foundation	<a href="http://fisherhouse.org">fisherhouse.org</a>	Housing for military and veteran's families while receiving medical care.
Healthcare Hospitality Network	<a href="http://hhnetwork.org">hhnetwork.org</a>	Organizations that provide free or significantly reduced-cost lodging for patients and their loved ones.
Hope Lodge	<a href="http://cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge.html">cancer.org/treatment/support-programs-and-services/patient-lodging/hope-lodge.html</a>	American Cancer Society's network of housing for patients with cancer.
Joe's House	<a href="http://joeshouse.org">joeshouse.org</a>	Helps patients with cancer and their loved ones find a place to stay when away from home for treatment.
Ronald McDonald House	<a href="http://rmhc.org/chapter-search">rmhc.org/chapter-search</a>	Helps with housing for families of children with life-threatening illnesses.
Food		
AAFP Neighborhood Navigator	<a href="http://aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html">aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html</a>	The AAFP's EveryONE Project offers tools for screening patients to identify social needs, and addressing health equity in your practice.
Federal Food Assistance Programs	<a href="http://nal.usda.gov/fnic/usda-nutrition-assistance-programs">nal.usda.gov/fnic/usda-nutrition-assistance-programs</a>	List of federal programs providing food assistance.



## Intangible medical costs

Medical care may lead to other costs, such as anxiety, pain, stress, or depression as a result of the medical care the patient receives. Resources to help with these costs follow.

AAFP Neighborhood Navigator	<a href="http://aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html">aafp.org/patient-care/social-determinants-of-health/everyone-project/neighborhood-navigator.html</a>	The AAFP's EveryONE Project offers tools for screening patients to identify social needs and addressing health equity in your practice.
Dream Foundation	<a href="http://dreamfoundation.org">dreamfoundation.org</a>	Assists terminally ill adults and their families with assistance with any end-of-life dreams.
Eldercare Locator	<a href="http://eldercare.acl.gov">eldercare.acl.gov</a>	Provides a searchable database of programs and services that may help older patients and their caregivers.
Good Days	<a href="http://mygooddays.org">mygooddays.org</a>	Provides financial and planning assistance, including ground and air travel, overnight stays, and parking. For selected conditions.
Lotsa Helping Hands	<a href="http://lotsahelpinghands.com">lotsahelpinghands.com</a>	Allows loved ones and caregivers to create shared calendars related to care of the patient.
Low Income Home Energy Assistance Program	<a href="http://acf.hhs.gov/ocs/programs/liheap">acf.hhs.gov/ocs/programs/liheap</a>	Provides assistance with energy costs.
Medicaid	<a href="http://medicaid.gov/about-us/contact-us/contact-state-page.html">medicaid.gov/about-us/contact-us/contact-state-page.html</a>	Provides pay for caregivers of Medicaid patients.
National Family Caregiver Support Program	<a href="http://caregivers/national-family-caregiver-support-program">caregivers/national-family-caregiver-support-program</a>	Provides a range of support that helps family and informal caregivers to care for their loved ones at home for as long as possible.
Next Step in Care	<a href="http://nextstepincare.org">nextstepincare.org</a>	Guides and checklists for caregivers and health care providers to ease the transition of care.
Structured Family Caregiving Program	<a href="http://caregiverhomes.com">caregiverhomes.com</a>	Provides pay for caregivers of Medicaid patients in selected states.
The SAMFund for Young Adult Survivors of Cancer	<a href="http://thesamfund.org">thesamfund.org</a>	Biannual grants for cancer survivors (aged 21-39 years) to help with transportation-related expenses, costs related to consequences of their illness, living expenses, and more.
VA Caregiver support	<a href="http://caregiver.va.gov">caregiver.va.gov</a>	Support for caregivers of veterans.



## Apps and other resources to help estimate out-of-pocket costs related to medical care

Medicaid Lowes	Medicaid Lowes
Blink Health	