



In this April issue:

Dr. Emily Horvath completed her Internal Medicine Residency at the University of Illinois College of Medicine in Peoria (UICOMP). After graduation, Dr. Horvath joined the UICOMP faculty where she is an assistant professor and Assistant Program Director. Dr. Horvath is an ACP Well-Being Champion and Co-Chair of the ILS Chapter Women-In-Medicine Committee. Dr. Horvath was the head of the ILS Resident and Medical Student Competitions for many years. We are honored to present the Laureate award to Dr. Horvath.



Dr. James Kumar completed medical school at Chennai (Madras) Medical College and Residency at University of Illinois College of Medicine in Urbana-Champaign. Dr. Kumar is Clinical Faculty, Professor, and Hospital Medicine Specialist at Carle Foundation Hospital. Dr. Kumar also serves as the program director at the Carle Internal Medicine Residency Program. Dr. Kumar has presented at multiple ACP Educational Sessions throughout the years and has been an advocate for ACP in his residency program and beyond. Congratulations, Dr. Kumar, for being an ACP Laureate!

History of ACP: Edith Irby Jones, MD, MACP

Edith Irby Jones, MD, MACP: A Pioneering Primary Care Internist, Educator, and Activist

This historical vignette focuses on Edith Irby Jones, a sharecropper's daughter who became a renowned internal medicine physician and who never wavered in her commitment to treating underserved communities in the U.S. and abroad.

Edith Mae Irby was born in Faulkner County, Arkansas on December 23, 1927, the third of four children born to Robert Irby, a sharecropper, and homemaker Mattie Buice Irby. When Edith was six, her father died in a riding accident, requiring a then-pregnant Mattie Irby to move her family in with her elderly father. In the months that

ACP's New I.M. Emotional Support Hub Offers Resources to Safeguard Physician Health and Well-being

As part of ACP's Well-Being and Professional Fulfillment initiative, ACP has launched a collection of resources aimed at helping members improve their emotional well-being. As a recognition of the unprecedented stresses caused by the COVID-19 pandemic to internists and internists-in-training, ACP created the [I.M. Emotional Support Hub](#) to offer curated resources and information to protect physicians' emotional health and sustain ACP members' ability to care for those in need.

Resources include easily-accessible peer-support through the [Physician Support Line](#) and free and affordable, confidential counseling through [The Emotional PPE Project](#) and [The Therapy Aid Coalition](#). Check out the hub for additional well-being tools and resources for individuals and organizations and to view all of [ACP's Physician Well-being](#) activities. For more information and questions, please contact acpwellbeing@acpprograms.org.

ACP Resident of the Year award winners

Your ACP Illinois Southern Chapter bestowed awards to outstanding resident physicians in an online ceremony on February 17, 2021. Winners of the "Resident of the Year" demonstrated qualities that exemplify the ACP's mission "to enhance the quality and effectiveness of healthcare by fostering excellence and professionalism in the practice of medicine." Nominees had outstanding achievements in any of a wide variety of areas, including leadership, medical practice, research, teaching, publications, advocacy, and volunteerism.

We congratulate the following for winning the ACP Resident of the Year:

Dr. Kailash Pant, Internal Medicine, from Carle-Illinois Internal Medicine Residency Program
Dr. Asra Rab, Medicine-Pediatrics, from University of Illinois College of Medicine at Peoria
Dr. Laura Raheb, Internal Medicine, from Southern Illinois University School of Medicine
Dr. Daniel Saca, Internal Medicine, from University of Illinois College of Medicine at Peoria

ACP Resident & Student Day online poster competition for 2021

Do you have an interesting case report, research project, or quality improvement project? Share your results with your ACP colleagues and compete for prizes during the

Abstracts." For details about how to submit your abstract, watch your email for the "Call for Abstracts."

ACP honors Medical Student of the Year

Each year your ACP Chapter recognizes outstanding medical students.

The "Medical Student of the Year" award goes to a senior student from each of the medical schools located within our ILS chapter. The student is nominated by the Internal Medicine Clerkship Director at his/her respective institution. The criteria for selection include the following: demonstrated commitment to a career in Internal Medicine and demonstrated qualities that exemplify the ACP's mission.

In an online ceremony on February 17, 2021, we honored the following "Medical Students of the Year"

Jennifer Hou, from University of Illinois College of Medicine at Urbana-Champaign
George Tsourdinis, from University of Illinois College of Medicine at Peoria
Rukmini Roy, from Southern Illinois University School of Medicine

ACP for Medical Students, call for committee members

The downstate Illinois ACP Chapter is looking for new students to join its student committee beginning in the Fall of the 2021-2022 Academic year! If you're looking for leadership experience in a professional organization, this is a great opportunity. The role of the committee is to advise the chapter on how it can best support medical students. The time requirement is just 2 conference calls per year, about one hour per call. There is also an opportunity to serve as committee chair and on the chapter's membership committee. If you're interested in joining the committee, please email the current committee chair-elect, Asad Rauf (AsadR2@illinois.edu) with your CV and 2-3 sentences about why you're interested in serving on the committee by May 31, 2021. Sincerely,

ACP article/book club, "Anti-Racism and Medicine"

The ACP ILS Student Committee hosts an online series of book club meetings on the topic of racism and medicine. The date of the next online article/book club is April 22, 2021. The Student Committee invites students to join the online discussion with your ACP colleagues and an expert facilitator. For more information, Click [HERE](#).

Call for news items

Do you have good news about your recent award, promotion, or volunteer experience? Please share your stories with your colleagues in the ACP Illinois Southern Chapter. Send your news items to me so I can include them in the Downstate Dialogue: [_____](#)

legislative updates and more.

ACP respects your [privacy](#) and will not sell, lease, or share your e-mail address with any other organization.

[Unsubscribe from this e-mail list.](#)

The College respects your privacy. ACP will not sell, lease or share your e-mail address with any other organization. The College will only use e-mail for the purpose of conducting College business and for communicating with College members.

© 2021 American College of Physicians. 190 N Independence Mall West, Philadelphia, PA 19106. All rights reserved