



So. California Region III Chapter Newsletter April 2021

In this Issue :

- ‡From the Governor
- ‡The DEI Shift
- ‡Laureate Award Recipient
- ‡Chapter Financial Report
- ‡Upcoming ECP Live Virtual Event: May 10, 2021
- ‡Save The Date: IM Review and Update Course
- ‡Interested in Advocacy?
- ‡So. California 2021 Regional Meeting
- ‡Residents/Fellows/Medical Students: Future IM Experience Conference



Charles J. Hamori, MD, FACP , ACP Governor

Greetings everyone!

6LQFH WKH ODVW QHZVOHWWHU ZH¶YH VHHQ D ELW RI UHVSLW
 the woods yet, but with the vaccine roll-out, the expanded treatment options, and the continued use of
 PPE, we have seen a slow decrease in cases and more importantly, a decrease in deaths. As our State
 moves toward lightening up current restrictions, I hope that cases continue to decline as more adults
 DUH FKRRVLQJ WR EH YDFFLQDWHG :H DUH DOO ZDLWLQJ IRU
 DUHQ¶W VLPSON\ ZRUNLQJ DQG JRRPLQJ ZHOO LQWR WKH HYHQL

Despite COVID, and the fact that 2020 put a halt to planning any social or educational gatherings, Dr. Tammy Lin, our Governor-Elect, created the DEI Shift, a collection of podcasts dedicated to the concepts of diversity, equity and inclusion within healthcare (see article below). This has been a tremendous success and has fostered collaboration with other ACP Chapters. Congratulations to Tammy and her team for this creative and amazing podcast series.

Another success was our Southern California Chapters Annual Regional Meeting and Poster Competition this past October. Those of you who have attended this meeting in person know that WKHUH DUH PDQ\ ³PRYLQJ SDUWVWLRQ, QYDORZV, WDWSEPHQV, the poster competition and 'RFWRU¶V 'LGHARJ (Medical Jopardy). It was indeed a feat, but our planning committee was able to put together this entire meeting in a live virtual format! Under the direction of the CAS1 Governor, Dr. Michael Lazarus and his Executive Director, Mr. Gus Chavez, the entire meeting was amazing. A big shout out to the entire planning committee and a special thank you to Drs. Magdalena Ptaszny and Vneet Gupta for their tireless work in planning an excellent poster session, and to Drs. Jarod DuVall, Miguel Angel Pena Ruiz, Ali Motabar and Jason Bahk for their hard work creating and coordinating the Doctor U¶V 'LOHPD FRPSHWLWLWLRQ \$QR to all of the individuals who volunteered as poster judges. There would be no poster competition without the time you devote to this effort.



Please remember that the ACPs here for you and I hope you are taking advantage of the numerous resources they provide to members via their website

Award for The DEI Shift! The John Tooker Evergreen Award recognizes valuable contributions of individual chapters as they strive to enrich, educate, and engage the ACP membership. In their message of congratulations, the ACP Chapters Subcommittee sent along their thoughts that The DEI Shift is an "outstanding and innovative initiative that powerfully connects ACP Chapters and allows them to communicate and collaborate with each other." They also commended us on our use of technology to produce focused discussions around DEI issues, and for featuring great topics and speakers.

As we embark upon Season 3, and anticipated national ACP sponsorship, this recognition serves as motivation to continue learning, growing, and producing high quality work. It's a humble reminder of

the talent of our incredible guests (and guest co-hosts) and the stories, wisdom, and knowledge they generously share with our audience. It also reflects the honor they bestow to us each time we are entrusted to present their voices and work to the world. We are grateful to them for their inspiration and to all of our listeners for the enthusiastic support.

Special thanks goes to Dr. Tiffany Leung and Dr. Pooja Jaeel for their remarkable leadership as Co Executive Producers, and to Dr. Charlie Hamori for his early and steadfast sponsorship.

Check out episodes at thedeishift.com, and join the conversation on Instagram: @thedeishift or Twitter: @TheDEIShift.

P.S. Look for The DEI Shift to be featured in various ACP venues and media soon!

Laureate Award

The 2020 Laureate Award recipient is Dr. Howard Williams. Dr. Williams served as President of the California Society of Internal Medicine just prior to

our regularly budgeted expenses supporting local chapter activities, attendance at national meetings (reception, student and resident meeting support) and the annual leadership days have not been used. We are hoping we can resume some local chapter activities by late summer or early fall.

If you would like a detailed statement for the FY 2021 fiscal year to date, please contact our Chapter Executive Director, Natalie Kaczur at socalregion3@gmail.com

Upcoming Live Virtual ECP Event

Disha Spath, MD, CEO and Founder of The Frugal Physician will provide Early Career Physicians with her successful path to achieving financial goals, including her method for quickly paying off student loans. This event is scheduled for Monday, May 10, 2021, from 6:15pm to 8:00pm. To register for this FREE event, please click on the following link: [Eventbrite Registration Link](#). Residents are also invited to participate.

Check out her website at www.thefrugalphysician.com for more information on Dr. Spath and her tips on achieving financial goals and more.

